

Anaphylaxis Risk Minimisation Policy

Frankston Rovers Junior Football Club

PURPOSE

The Frankston Rovers Junior Football Club is committed to providing a safe and inclusive environment for all players, families, and visitors. This policy outlines our approach to managing the risk of anaphylaxis within the club environment, particularly in the canteen.

It supports compliance with current best-practice guidelines including those from:

- *Australasian Society of Clinical Immunology and Allergy (ASCIA)*
- *Royal Children's Hospital (RCH) Anaphylaxis Guidelines*
- *Victorian Department of Health Food Safety Standards*
- *AFL Victoria Child Safe and Inclusive Policies*

SCOPE

This policy applies to all club activities involving food service or handling, including training sessions, matches, social events, and canteen operations.

DEFINITIONS

Anaphylaxis:	A severe and potentially life-threatening allergic reaction.
ASCIA Action Plan:	A standardised document detailing emergency treatment for anaphylaxis.
Adrenaline Autoinjector:	A device (e.g., EpiPen or AnaPen) used to treat anaphylaxis.
Cross-contamination:	Transfer of allergens from one food or surface to another.

RESPONSIBILITIES

- Ensure the canteen environment is safe, including those with food allergies.
- Promote awareness of anaphylaxis and food safety among staff, volunteers, and families.
- Implement this policy and review it annually.

Parent/Carer Responsibilities

- Provide up-to-date medical information and an ASCIA Action Plan upon registration.
- Discuss any concerns with team manager and trainer about reducing exposure to allergens.
- Store in-date Adrenaline Autoinjector ready for administration when needed for all events, games and training.
- Remain present at all games, training, and club events for players at risk of anaphylaxis.

RISK MINIMISATION STRATEGIES

COMMUNICATION

- All allergies and ASCIA Action Plans are recorded during player registration.
- Copies of relevant Action Plans are displayed discreetly in the canteen for reference.
- Parents and carers are informed of the canteen's allergen management strategies.

CANTEEN MANAGEMENT

- The club aims to avoid storing or serving foods that contain or may contain known allergens (e.g., peanuts, tree nuts).
- Food labels are checked for allergen warnings, and products with "**may contain**" statements for known allergens are not served to affected players.
- Non-food treats are encouraged over food-based rewards.
- A strict **no sharing** policy applies to food, utensils, and drink containers.



STAFF AND VOLUNTEER TRAINING

- Canteen staff and volunteers can complete a free anaphylaxis training course (e.g. [ASCIA Community Training – 30 mins](https://training.ascia.org.au/course/view.php?id=9)).
<https://training.ascia.org.au/course/view.php?id=9>
- Staff are trained in:
 - Recognising signs and symptoms of anaphylaxis
 - Administering an Adrenaline Autoinjector
 - Preventing cross-contamination
 - Reading food labels and identifying high-risk products

FOOD BANNING AND CLUB GUIDELINES

Food banning (e.g., "nut-free") is **not officially recommended** by ASCIA or RCH. However, the club may choose **not to stock or serve** specific allergenic foods (e.g. peanuts, tree nuts) if deemed in the best interests of the club community. A no-sharing rule is strictly reinforced among players and families.

FOOD HANDLING AND HYGIENE

- Colour-coded cleaning tools are used to prevent cross-contamination:
 - **Green** for kitchen/food prep areas
 - **Red** for toilets/washrooms
 - **Blue** for general public areas
- Utensils and surfaces are thoroughly cleaned between uses.
- Staff understand the risks of using shared equipment (e.g. knives, chopping boards) without proper cleaning.

CLEANING WHICH COLOUR DO I USE?



ADRENALINE AUTOINJECTOR MANAGEMENT

- Adrenaline Autoinjectors are to be supplied and kept by the parent/carer and accessible but secure.
- Canteen Staff or volunteers are informed of the child or young persons allergy to minimise and reduce risk of exposure.
- Only parents or a Qualified First Aid staff would administer in case of emergency reaction.

REVIEW AND EVALUATION

This policy is reviewed annually by the Club Committee or following a relevant incident. All stakeholders will be notified of any changes.

These strategies help create a safer environment for Rovers players with allergies and reduce the risk of anaphylaxis incidents.

RESOURCES

- ASCIA Action Plans
- [ASCIA Anaphylaxis e-Training](#)
- Royal Children's Hospital Anaphylaxis Information
- AFL Victoria Child Safe and Club Standards



CONTACT DETAILS

For more information, please contact:

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